Academic and Student Support Services

Below are a variety of groups, individuals, and organizations that are available on campus as student resources. Self-care is an important part of managing college life, and students are encouraged to take full advantage of these resources.

Where to Begin

Undergraduate Deans
If you are encountering difficulties at Bryn Mawr, the first thing you may want to do is discuss these issues with your Dean, who can then direct you to an appropriate support service.
Contact: 610-526-5375, Guild Lower Level, http://www.brynmawr.edu/deans/

Academic Support

General Academic Support

Academic Support and Learning Resources Specialist
Help with study skills, note taking; test taking strategies; time management, organization
Contact: Rachel Heiser, Guild 104, http://www.brynmawr.edu/academicsupport/

Peer Mentors
Advice on academic success and planning and information on other support services
Contact: https://www.brynmawr.edu/academicsupport/students/academic-support/peer-mentors

Bryn Mawr College Library
Help with research questions for courses, assignments and theses. Ask a Librarian Service via www.brynmawr.edu/askalibrarian

Support for Course Work

Peer Tutors – selected introductory courses
Contact: https://www.brynmawr.edu/academicsupport/students/focused-academic-support/peer-tutors

Peer-Led Instruction – selected Chemistry and Physics courses

Teaching Assistants – selected courses

Library Research and Course Guides

Reading Support

Academic Support and Learning Resources Specialist
Help with analytical, critical and efficient reading
Contact: Rachel Heiser, Guild 104, http://www.brynmawr.edu/academicsupport/

Math Support

Quantitative Center
Assistance with math/quantitative skills
Contact: Betsy Horner, Canwyll House West, https://www.brynmawr.edu/qproject

Writing Support

The Writing Center
Feedback and assistance with writing (papers, senior thesis, applications and personal statements)
Contact: thewritingcenter@brynmawr.edu, Canaday Library, http://www.brynmawr.edu/writingcenter/

Public Speaking Support

The Writing Center
Contact: thewritingcenter@brynmawr.edu, Canaday Library,
https://www.brynmawr.edu/writingcenter/students
Support for the Whole Student

**Stress Management**
**ACADEMIC SUPPORT AND LEARNING RESOURCES SPECIALIST**
Explore ways to identify and cope with stress and find balance
Contact: Rachel Heiser, Guild 104, [http://www.brynmawr.edu/academicsupport/](http://www.brynmawr.edu/academicsupport/)

**COUNSELING SERVICES**
Contact: 610-526-7360, Health Center, [http://www.brynmawr.edu/healthcenter/counseling/index.htm](http://www.brynmawr.edu/healthcenter/counseling/index.htm)

**Emotional Health**
**COUNSELING SERVICES**
Counseling for anxiety, depression, relationship issues, body image, self-esteem, sexual identity issues
Ongoing groups and workshops on a variety of topics
Contact: 610-526-7360, Health Center, [http://www.brynmawr.edu/healthcenter/counseling/index.htm](http://www.brynmawr.edu/healthcenter/counseling/index.htm)

**Physical Health**
**HEALTH CENTER**
Care and referral for health issues
Contact: 610-526-7360, Health & Wellness Center, [http://www.brynmawr.edu/healthcenter/](http://www.brynmawr.edu/healthcenter/)

**ATHLETICS**
Opportunities and facilities that promote health and fitness
Contact: Schwartz Gym, [http://athletics.brynmawr.edu/landing/index](http://athletics.brynmawr.edu/landing/index)

**DINING SERVICES NUTRITIONIST**
Counseling on healthy eating, weight management, eating disorders, food allergies and other nutrition concerns
Contact: Natalie Zaparzynski, [http://www.brynmawr.edu/dining/dietary/](http://www.brynmawr.edu/dining/dietary/)

**Services for Students with Disabilities**
**ACCESS SERVICES**
Support and reasonable accommodations when necessary for eligible students with diagnosed learning, medical, physical, and psychological disabilities
Contact: Deb Alder, Guild 103, [http://www.brynmawr.edu/access_services/](http://www.brynmawr.edu/access_services/)

**Services for International Students**
**DIRECTOR FOR INTERNATIONAL STUDENT AND SCHOLAR SERVICES AND ADVISING**
Advice on immigration issues and employment; resources on transition and integration into the Bryn Mawr community
Contact: Patricia Lausch, Pensby Center, [https://www.brynmawr.edu/pensby](https://www.brynmawr.edu/pensby)

**THE WRITING CENTER**
Assistance with ESL writing and reading, and conversation groups for non-native speakers
Contact: thewritingcenter@brynmawr.edu, Canaday Library, [http://www.brynmawr.edu/writingcenter/](http://www.brynmawr.edu/writingcenter/)