

BRYN MAWR

COLLEGE

Academic and Student Support Services

Below are a variety of groups, individuals, and organizations that are available on campus as student resources. Self-care is an important part of managing college life, and students are encouraged to take full advantage of these resources.

Where to Begin

UNDERGRADUATE DEANS

If you are encountering difficulties at Bryn Mawr, the first thing you may want to do is discuss these issues with your Dean, who can then direct you to an appropriate support service.

Contact: 610-526-5375, Guild Lower Level, <http://www.brynmawr.edu/deans/>

Academic Support

General Academic Support

ACADEMIC SUPPORT AND LEARNING RESOURCES SPECIALIST

Help with study skills, note taking; test taking strategies; time management, organization

Contact: Rachel Heiser, Guild 104, <http://www.brynmawr.edu/academicsupport/>

PEER MENTORS

Advice on academic success and planning and information on other support services

Contact: <https://www.brynmawr.edu/academicsupport/students/academic-support/peer-mentors>

BRYN MAWR COLLEGE LIBRARY

Help with research questions for courses, assignments and theses. Ask a Librarian Service via www.brynmawr.edu/askalibrarian

Support for Course Work

PEER TUTORS – selected introductory courses

Contact: <https://www.brynmawr.edu/academicsupport/students/focused-academic-support/peer-tutors>

PEER-LED INSTRUCTION – selected Chemistry and Physics courses

TEACHING ASSISTANTS – selected courses

LIBRARY RESEARCH AND COURSE GUIDES

Reading Support

ACADEMIC SUPPORT AND LEARNING RESOURCES SPECIALIST

Help with analytical, critical and efficient reading

Contact: Rachel Heiser, Guild 104, <http://www.brynmawr.edu/academicsupport/>

Math Support

QUANTITATIVE CENTER

Assistance with math/quantitative skills

Contact: Betsy Horner, Canwyll House West, <https://www.brynmawr.edu/qproject>

Writing Support

THE WRITING CENTER

Feedback and assistance with writing (papers, senior thesis, applications and personal statements)

Contact: thewritingcenter@brynmawr.edu, Canaday Library, <http://www.brynmawr.edu/writingcenter/>

Public Speaking Support

THE WRITING CENTER

Contact: thewritingcenter@brynmawr.edu, Canaday Library,

<https://www.brynmawr.edu/writingcenter/students>

Support for the Whole Student

Stress Management

ACADEMIC SUPPORT AND LEARNING RESOURCES SPECIALIST

Explore ways to identify and cope with stress and find balance

Contact: Rachel Heiser, Guild 104, <http://www.brynmawr.edu/academicsupport/>

COUNSELING SERVICES

Contact: 610-526-7360, Health Center, <http://www.brynmawr.edu/healthcenter/counseling/index.htm>

Emotional Health

COUNSELING SERVICES

Counseling for anxiety, depression, relationship issues, body image, self-esteem, sexual identity issues

Ongoing groups and workshops on a variety of topics

Contact: 610-526-7360, Health Center, <http://www.brynmawr.edu/healthcenter/counseling/index.htm>

Physical Health

HEALTH CENTER

Care and referral for health issues

Contact: 610-526-7360, Health & Wellness Center, <http://www.brynmawr.edu/healthcenter/>

ATHLETICS

Opportunities and facilities that promote health and fitness

Contact: Schwartz Gym, <http://athletics.brynmawr.edu/landing/index>

DINING SERVICES NUTRITIONIST

Counseling on healthy eating, weight management, eating disorders, food allergies and other nutrition concerns

Contact: Natalie Zaparzynski, <http://www.brynmawr.edu/dining/dietary/>

Services for Students with Disabilities

ACCESS SERVICES

Support and reasonable accommodations when necessary for eligible students with diagnosed learning, medical, physical, and psychological disabilities

Contact: Deb Alder, Guild 103, http://www.brynmawr.edu/access_services/

Services for International Students

DIRECTOR FOR INTERNATIONAL STUDENT AND SCHOLAR SERVICES AND ADVISING

Advice on immigration issues and employment; resources on transition and integration into the Bryn Mawr community

Contact: Patricia Lausch, Pensby Center, <https://www.brynmawr.edu/pensby>

THE WRITING CENTER

Assistance with ESL writing and reading, and conversation groups for non-native speakers

Contact: thewritingcenter@brynmawr.edu, Canaday Library, <http://www.brynmawr.edu/writingcenter/>